

- 2) ORGAN BALANCE is equally essential. This component addresses the interrelationship between the different organ systems and individual organs as they conspire to create a harmonious environment for body balance on a day to day level. Organs may be balanced by a variety of therapies including but not limited to Chiropractic, Reflexology, Nutrition, Reiki, Thai massage, Rolfing, and more. Many, if not most of these therapies are available at the center.
- 3) TOXICITY will create great disturbances in the body's efforts to function at the 100% level. Toxic elements include dietary considerations, impure air/water/thoughts, poorly handled past emotional experiences, toxic materials and chemicals, as well as poor digestive function and elimination. Many methods exist to handle this component including Colon Therapy, Nutritional therapy, Dietary changes, Breathwork, and Counseling. Detoxification is a critical component as it is almost impossible to heal the over-reaction without some time spent on cleansing the system.
- 4) SUGAR IMBALANCES are especially significant if you are an allergy sufferer. These can be either a "hyper" problem as in a diabetic-type condition of a "hypo" case, as in hypoglycemia, which is a lower blood sugar than normal. This is treatable using a variety of methods including Nutritional Therapy, Medication, Acupuncture, Chiropractic and other methodologies. When properly addressed it can become an insignificant component, but if ignored it can prevent optimal results.
- 5) PATHOGENS in the case of allergies can be present in the forms of viruses, bacteria, or yeast disorders. The most common in my experience has been related to yeast and candidiasis. Treatments to control this are multiple including medicine such as Nystatin, garlic, caprylic acid, avoidance of all yeast-sustaining or-containing foods, and various combinations of adjustment. When properly corrected this can result in a remarkable change in symptomatology even in a chronic candidiasis or chronic fatigue syndrome person.
- 6) Actual ALLERGENS can be present. However, most of the allergy person's complaints aren't truly allergies at all, but are instead related to the problems in the Nerves/organ/toxic/sugar/ pathogen/emotional components. Even without addressing this component of allergies specifically, the majority of the allergy symptoms and reactions go away. If for instance, pollen actually was **the cause** of allergies, why is it that some people are affected while others are not? If your body is handling the reaction (to pollen) properly because it is strong, balanced and healthy, **you will be O.K.** Twenty to twenty-five percent remain, however, which compares well with the 25% success rate reported with the medical injection therapies which take upwards of two years.
- 7) EMOTIONAL OVERWHELM is also a major player in the allergy game and it is often seen that persons suffering with allergies are also over-reacting to other situations in their current environment such as work, spouse, children, finances etc. These overwhelming or unresolved emotions place a major burden on what may be an already weakened system.